



School Health Services  
Ginette Bell, BSN, RN, CSN-NJ

**HEALTH HISTORY**

School Year \_\_\_\_\_

Student's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ Home phone \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

List other children in your family. Please give birth date:

\_\_\_\_\_  
\_\_\_\_\_

Dear Parent/Guardian:

We would like for your child to gain the most from his/her school experience. To accomplish this, it is necessary to have an updated health history every year. Please answer the following questions and return this form to the school nurse.

Allergies Yes \_\_\_ No \_\_\_ Type \_\_\_\_\_ Gastrointestinal Yes \_\_\_ No \_\_\_

Reaction \_\_\_\_\_ Treatment/Medication \_\_\_\_\_ Headaches Yes \_\_\_ No \_\_\_

Asthma Yes \_\_\_ No \_\_\_ Heart Disease/Murmur Yes \_\_\_ No \_\_\_

Chicken Pox Yes \_\_\_ No \_\_\_ Date \_\_\_\_\_ Kidney/Bladder condition Yes \_\_\_ No \_\_\_

Concussion/Head Injury Yes \_\_\_ No \_\_\_ Muscle/Bone Disorder Yes \_\_\_ No \_\_\_

Diabetes Yes \_\_\_ No \_\_\_ Nutritional/Eating Problems Yes \_\_\_ No \_\_\_

Ear Problems Yes \_\_\_ No \_\_\_ Specify \_\_\_\_\_ Speech Problems Yes \_\_\_ No \_\_\_

Eye Problems Yes \_\_\_ No \_\_\_ Epilepsy/Seizures Yes \_\_\_ No \_\_\_

Does he/she wear contact lenses? Yes \_\_\_ No \_\_\_

Does he/she wear glasses? Yes \_\_\_ No \_\_\_

Has your child started taking any medications on a regular basis? Yes \_\_\_ No \_\_\_

If yes, please explain: \_\_\_\_\_

Has your child recently been hospitalized or had any surgeries/operations? Yes \_\_\_ No \_\_\_

If yes, please explain: \_\_\_\_\_

Are there any recent changes in the home which might affect your child's learning? Yes \_\_\_ No \_\_\_

Please specify (divorce, illness, etc.) : \_\_\_\_\_

Is there anything more about your child's health that you think is important for us to know? Yes \_\_\_ No \_\_\_

Please explain: \_\_\_\_\_

In case of illness or injury and you cannot be reached, do we have your permission to take your child to the hospital? Yes \_\_\_ No \_\_\_ Hospital of choice: \_\_\_\_\_

\_\_\_\_\_

I/we give permission for the school nurse to share this information with the principal, school social worker and teachers on a "need to know" basis. Please be assured that any information of a confidential nature will be treated with respect. Parent/Guardian Signature: \_\_\_\_\_



# UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health

## SECTION I - TO BE COMPLETED BY PARENT(S)

Child's Name (Last)	(First)	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Date of Birth / /
Does Child Have Health Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, Name of Child's Health Insurance Carrier		
Parent/Guardian Name	Home Telephone Number	Work Telephone/Cell Phone Number	
Parent/Guardian Name	Home Telephone Number	Work Telephone/Cell Phone Number	
<i>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</i>			
Signature/Date	This form may be released to WIC. <input type="checkbox"/> Yes <input type="checkbox"/> No		

## SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER

Date of Physical Examination:	Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No								
Abnormalities Noted:	<table border="1"> <tr> <td>Weight (must be taken within 30 days for WIC)</td> <td></td> </tr> <tr> <td>Height (must be taken within 30 days for WIC)</td> <td></td> </tr> <tr> <td>Head Circumference (if &lt;2 Years)</td> <td></td> </tr> <tr> <td>Blood Pressure (if ≥3 Years)</td> <td></td> </tr> </table>	Weight (must be taken within 30 days for WIC)		Height (must be taken within 30 days for WIC)		Head Circumference (if <2 Years)		Blood Pressure (if ≥3 Years)	
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Blood Pressure (if ≥3 Years)									

<b>IMMUNIZATIONS</b>	<input type="checkbox"/> Immunization Record Attached <input type="checkbox"/> Date Next Immunization Due:
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### MEDICAL CONDITIONS

Chronic Medical Conditions/Related Surgeries • List medical conditions/ongoing surgical concerns:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Medications/Treatments • List medications/treatments:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Limitations to Physical Activity • List limitations/special considerations:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Special Equipment Needs • List items necessary for daily activities	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Allergies/Sensitivities • List allergies:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Special Diet/Vitamin & Mineral Supplements • List dietary specifications:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Behavioral Issues/Mental Health Diagnosis • List behavioral/mental health issues/concerns:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments
Emergency Plans • List emergency plan that might be needed and the sign/symptoms to watch for:	<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached	Comments

### PREVENTIVE HEALTH SCREENINGS

Type Screening	Date Performed	Record Value	Type Screening	Date Performed	Note if Abnormal
Hgb/Hct			Hearing		
Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous			Vision		
TB (mm of Induration)			Dental		
Other:			Developmental		
Other:			Scoliosis		

I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.

Name of Health Care Provider (Print)	Health Care Provider Stamp:
Signature/Date	



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School Nurse

**DENTAL FORM**

Dear Parent/Guardian,

Healthy teeth and gums are an important part of a child's overall well being.

By encouraging healthy food choices with limited sweets, daily brushing and flossing, and regular dental examinations, dental problems can often be minimized or avoided.

Please ask your child's dentist to complete this form, then return it to the school nurse.

Student's Name \_\_\_\_\_

D.O.B. \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

**Please Check (for Dentist to complete):**

\_\_\_ The necessary dental service has been completed.

\_\_\_ The student is receiving dental treatment for \_\_\_\_\_.

\_\_\_ The student does not need dental treatment at this time.

Date of last dental exam \_\_\_\_\_

Dentist's Signature \_\_\_\_\_ Date \_\_\_\_\_

Office Stamp